

## **BRUCE SCHONFELD**

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Santa Monica, CA 90401  
310.395.3555  
advancedrolfing.com

### **ROLFING® STRUCTURAL INTEGRATION/ ROLFING MOVEMENT**

- 2004: Unit I, Principles of Movement with Mary Bond, Rolf Institute, Boulder, CO
- 2001: Advanced Rolfing Training, Assistant to Sultan/Salveson, Santa Monica, CA
- 2000: Spinal & Pelvic Biomechanics, Rolf Institute, Assistant to Salveson, Berkeley, CA
- 1999: Fascial Anatomy of the 10-series, Rolf Institute, Boulder, CO
- 1998: Advanced Rolfing Training, Michael Salveson, Berkeley, CA
- 1998: Unit II, Assistant to Jane Harrington, Rolf Institute, Boulder, CO
- 1997: Advanced Rolfing Training, Jan Sultan, Laguna Beach, CA
- 1996: Cervical & Facial Technique, Jim Asher, Rolf Institute, Santa Cruz, CA
- 1995: Myofascial Control Points, Jan Sultan, Rolf Institute, Seattle, WA
- 1994: Basic Rolfing Training, Certified Rolfer, Boulder, CO
- 1994: Certified Rolfing Movement Integration Training, Jane Harrington and Vivian Jaye, Boulder, CO
- 1993: Myofascial & Osseous Release, Jan Sultan & Jeff Maitland, Rolf Institute, Boulder, CO
- 1992: Foundations of Bodywork, Rolf Institute, Boulder, CO

### **VISCERAL MANIPULATION (VM) / VISCERAL OSTEOPATHY**

- 2005: VM Teachers Assistant meeting, Gail Wetzler R.P.T., Upledger Institute, Redondo Beach, CA
- 2005: Systems Synthesis, Jean-Pierre Barral D.O., Upledger Institute, Redondo Beach, CA
- 2005: Brain, Cranial, and Thoracic Nerve, Barral/Croibier D.O.'s, Upledger Institute, Las Vegas, NV
- 2004: Peripheral Nerve Manipulation, Barral/Croibier D.O.'s, Upledger Institute, San Diego, CA
- 2004: Trauma and Whiplash, Barral/Croibier D.O.'s, Upledger Institute, Palm Beach, FL
- 2003: Advanced VM II, Jean-Pierre Barral D.O., Upledger Institute, Las Vegas, NV
- 2002: Advanced VM, A.J. de Koenig D.O., Upledger Institute, San Francisco, CA
- 2002: Trauma & Whiplash 2, Barral/Croibier D.O.'s, Upledger Institute, Palm Beach, FL
- 2002: Visceral Symposium, Jean-Pierre Barral D.O., Upledger Institute, San Antonio, TX
- 2002: Advanced VM II, Jean-Pierre Barral D.O., Upledger Institute, San Antonio, TX
- 2002: Visceral Listening Techniques, Gail Wetzler R.P.T., Upledger Institute, Anaheim, CA
- 2001: Visceral Symposium, Jean-Pierre Barral D.O., Upledger Institute, Palm Beach, FL
- 2001: Visceral Mobilization, Alain Gehin D.O., C. Kohn D.O., Santa Rosa, CA
- 2001: Practical Integration VM, A.J. de Koenig D.O., Upledger Institute, San Francisco, CA
- 2001: VM2, Upledger Institute, San Francisco, CA
- 2001: VM1B, Gail Wetzler R.P.T., Upledger Institute, San Francisco, CA
- 2001: Advanced VM, Jean-Pierre Barral D.O., Upledger Institute, Palm Beach, FL
- 2001: Trauma & Whiplash, Alain Croibier D.O., Upledger Institute, San Francisco, CA
- 2000: VM1A, Gail Wetzler R.P.T., Upledger Institute, Anaheim, CA
- 2000: Practical Integration VM, A.J. de Koenig D.O., Upledger Institute, Juniper, FL
- 2000: VM2, Gail Wetzler R.P.T., Upledger Institute, San Francisco, CA
- 1999: Visceral Anatomy & Palpatory Accuracy, Michael Murphy, Claremont, CA
- 1998: VM1B, Upledger Institute, Albuquerque, NM
- 1998: Visceral Technique, Liz Gaggini, Boulder, CO
- 1997: VM1A, Gail Wetzler R.P.T., Upledger Institute, Orange County, CA
- 1997: The Digestive System, Didier Prat D.O., Berkeley, CA

### **CRANIOSACRAL THERAPY**

- 2006: Craniosacral Therapy II, Upledger Institute, Pasadena, CA
- 2003: Cranial II, Milne Institute, Hugh Milne D.O., Santa Monica, CA
- 1999: Cranial II, Milne Institute, Claremont, CA
- 1998: Cranial I, Milne Institute Claremont, CA
- 1997: Craniosacral Therapy I, Judy Blix R.P.T., Upledger Institute, Los Angeles, CA
- 1994: Cranial I, Jane Harrington, Colorado Cranial Institute, Boulder, CO
- 1994 - Ongoing: Various, Rolf Institute

## **MOVEMENT EDUCATION**

- 2006: LA Contact Improv Dance Festival, Santa Monica, CA
- 2005: LA Contact Improv Dance Festival Intensive, Nina Wise, Santa Monica, CA
- 2004: Continuum Studio Instructor, Jungle Gym, Santa Monica, CA
- 2004: Jungle Gym Teachers Class, Sharon Aaron-Weil, Santa Monica, CA
- 2004: Spirals of Consciousness, Conrad, Santa Monica, CA
- 2004: Ageless Body, Sharon Aaron-Weil, Santa Monica, CA
- 2003: Soul Motion Studios, Vin Marti, Los Angeles, CA
- 2003: Jungle Gym, Conrad, Santa Monica, CA
- 2003: Jungle Gym, Kristy Schaeffle, Santa Monica, CA
- 2003: Quantum Leaps, Conrad & Litman, Santa Monica, CA
- 2003: Invitational Mystery School, Conrad & Harper, Watsonville, CA
- 2003: Complexity and the Surge of Life, and Conrad & Gintis D.O., Santa Monica, CA
- 2002: Continuum, Wilderness Dreamtime, Santa Monica, CA
- 2002: Continuum, Frontiers of Movement, Santa Monica, CA
- 2002: Portals of Perception, Harper & Godard, Santa Monica, CA
- 2002: Frontiers of Movement, Emilie Conrad, Santa Monica, CA
- 2002: Jungle Gym, Kristy Schaeffle, Santa Monica, CA
- 2001: Continuum, Portals of Perception, Santa Monica, CA
- 1999 - Present: 5 Rhythms Movement Studies, Los Angeles, CA
- 1996: Continuum, Frontiers of Movement, Santa Monica, CA
- 1996 - 1998: Frontiers of Movement, Emilie Conrad, Santa Monica, CA
- 1994: University of Naropa, Contact Improv Dance Jams, Boulder CO
- 1994: Certified Rolfing Movement Integration Teacher, Rolf Institute, Boulder, CO
- 1994: University of Naropa, Naropa Institute, Movement Improv, Boulder CO
- 1994 - 1997: Jungle Gym, Emilie Conrad, Santa Monica, CA
- 1994 - 1997: Continuum, Barbara Mindell, Santa Monica, CA
- 1993 - Present: Continuum Movement, Los Angeles, CA
- 1993: University of Naropa, Contact Improv Dance Jams, Boulder CO
- 1993: Continuum Movement, Gael Ohlgren, Boulder CO
- 1993: University of Naropa, Naropa Institute, Movement Improv, Dance Jams, Boulder CO

## **SOMATIC PSYCHOLOGY**

- 2006: Somatic Experiencing, Supervision with Peter Levine, Los Angeles, CA
- 2005: The Analysts Subjective Experience in Treatment, Steven Frank, C.G. Jung Institute, Los Angeles, CA
- 2000: Bodydynamics Developmental Psychology, Joel and Anne Isaacs, Venice, CA
- 1999: Bodydynamics Developmental Psychology, Lisbeth Marcher, Arrowhead, CA
- 1994: Somatic Experiencing with Peter Levine, Boulder, CO
- 1993: Somatic Experiencing with Peter Levine, Boulder, CO

## **GROSS DISSECTION**

- 2002: Upledger Institute, Dee Ahern R.P.T., Oregon Health Sciences University, Portland, WA
- 2001: Somanautics Inc, Gil Hedley Ph.D., Western University, Pomona, CA
- 2000: Somanautics Inc, Gil Hedley Ph.D., Western University, Pomona, CA
- 1999: Somanautics Inc, Gil Hedley Ph.D., Western University, Pomona, CA
- 1998: Somanautics Inc, Gil Hedley Ph.D., Western University, Pomona, CA
- 1997: Somanautics Inc, Gil Hedley Ph.D., University of Southern California, Los Angeles, CA
- 1996: Somanautics Inc, Gil Hedley Ph.D., University of Medicine and Dentistry of New Jersey, Newark, NJ

## **ANATOMY**

- 2004: Bodyworlds Plastination, Los Angeles, CA
- 2002: Fascial Anatomy, Rolf Institute, Santa Monica, CA
- 1999: Anatomy Trains, Tom Myers, Claremont, CA
- 1999: Visceral Anatomy, Michael Murphy, Claremont, CA
- 1997: Fascial Anatomy, Rolf Institute, Laguna Beach, CA
- 1997: Comprehensive Maniken, Zahourek Systems, Loveland, CO

## **ANATOMY (CONT.)**

- 1996: Craniken, Zahourek Systems, Boulder, CO
- 1996: Equiken, Zahourek Systems, Los Angeles, CA
- 1995: Movement Maniken, Zahourek Systems, Boulder, CO
- 1995: Maniken, Zahourek Systems, Boulder, CO
- 1994: Axial Maniken, Zahourek Systems, Boulder, CO
- 1994: Fascial Anatomy, Rolf Institute, Tom Myers, Boulder, CO
- 1994: Fascial Anatomy, Rolf Institute, Michael Murphy, Boulder, CO
- 1993: Fascial Anatomy, Rolf Institute, Ron Thompson, Boulder, CO

## **ADDITIONAL STUDIES**

- 2005: International Association of Structural Integration, Seattle, WA
- 2003: Fit System, Phil Oren, A16, West Los Angeles, CA
- 2002: Muscle Energy Techniques, Leon Chaitow D.O., Encino, CA
- 2001: The Knee, Benjamin Shield Ph.D., West Los Angeles, CA
- 2001: Low Back Pain, Benjamin Shield Ph.D., West Los Angeles, CA
- 2001: Pathology Lorraine Bonanno D.C., Institute of Psycho Structural Balancing, Los Angeles, CA
- 1999: Head & Neck Pain, Benjamin Shield Ph.D., Claremont, CA

## **MEDIA**

- 2005: Fine Living Network; The Insider's List with Julie Moran, "Living Longer" episode
- 2000: Men's Fitness Magazine, July; Deep Impact Article

## **CERTIFICATION & MEMBERSHIP**

- 2001: Guild for Structural Integration
- 2000: International Association of Healthcare Practitioners
- 1998: Institute of Psycho Structural Balancing
- 1998: Certificate of Authorization for Service, Bureau for Private Postsecondary and Vocational Education
- 1995: Sports and Preventive Medical Group, Karlis Ullis M.D.
- 1994: Rolf Institute of Structural Integration
- 1993: Nationally Certified in Therapeutic Massage and Bodywork (NCTMB)

## **CONTINUING EDUCATION INSTRUCTOR AUTHORIZATION**

- 2006: Rolf Institute Elective Credits
- 1998 - Present: Certificate for Authorization of Service, Bureau for Private Postsecondary and Vocational Education, Sacramento, CA

## **LICENSURE**

- City of Santa Monica Business License #086030

## **COLLEGE EDUCATION**

- 1989: B.A. English, Psychology Minor, University of Maryland, College Park